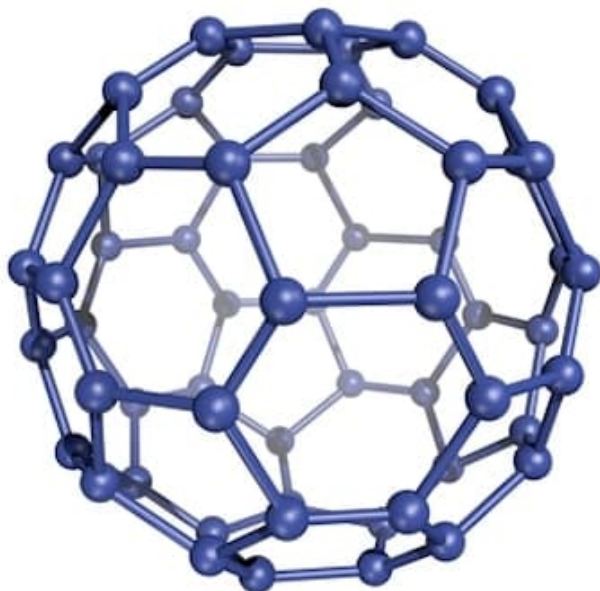


C60: Attualmente il più conosciuto estensore di vita del pianeta

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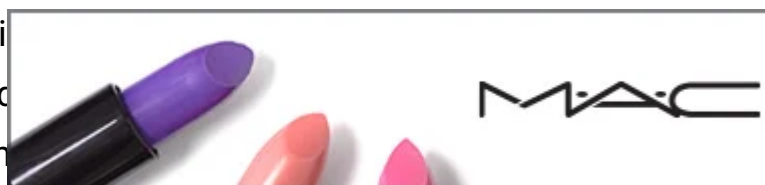
C60 has sprung to prominence as a sensational longevity molecule which fights oxidative stress and aging in the body. It is currently the best known life extender on the planet. Find out what it is & how it works.

C60 (Carbon 60) is the newest health sensation

in the natural health and longevity worlds. So what is **C60**? It is simply a special geometrical arrangement of 60 carbon atoms into a single molecule that looks like a soccer ball, made up of inter-locking pentagonal and hexagonal structures. C60 molecules are also called **fullerenes** or buckyballs after Buckminster Fuller, the man who discovered them. By the way, Fuller was the very same guy who said that the best way to overcome a (failing, tyrannical or destructive) system is to create a new one that makes the old one obsolete. Understanding this is the key to defeating the New World Order (NWO) worldwide conspiracy.

A Special Form of Carbon Charcoal

Carbon is a very versatile element, which includes forms such as graphite (for pencils), coal and diamonds. We are carbon-based creatures. C60 is a n

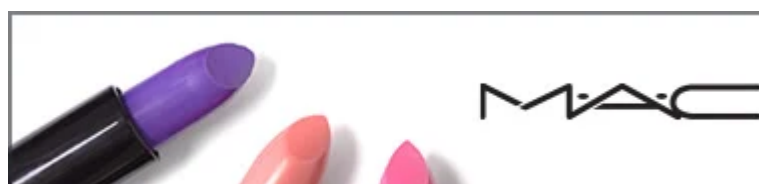


from charcoal. If you think it's strange or unhealthy to ingest charcoal, consider this for a moment: activated charcoal is commonly sold as a supplement and given to people who are suffering acute poisoning. It absorbs the poison by drawing it into its (the charcoal's) pores. Likewise, zeolite (derived from volcanic mineral ash) is a potent detoxifier which operates on the same principle of drawing in toxic heavy metals and other contaminants to remove them safely from the body.

The C60 Rat Study in France 2012

What put C60 on the map was this 2012 rat study in France led by Fathi Moussa. The scientists split the rats into 2 groups (the control group and the test group) and gave the latter C60 absorbed in olive oil. C60 is not water-soluble but it is fat-soluble, so they surmised that olive oil would be a good delivery system. The actual intent of the study was to find out the lethal dose of C60, but the results shocked the researchers. They discovered that the lifespan of the test group rodents was extended by 90%! This is basically double. It may even have been longer too, but the scientists had to kill the rats to end the study. They also discovered that the test group did not develop tumors while the control group did.

Other experiments have been done on C60 that show its healing potential and there are now many who believe it can do the same for humans as it did for rats.



C60 is derived from charcoal, a form of carbon.

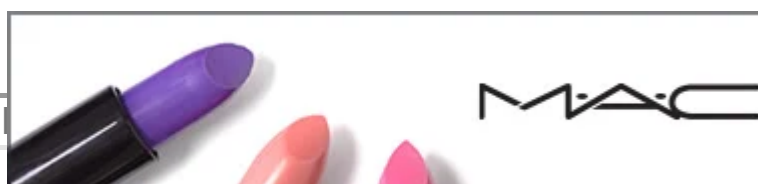
How Does C60 Work as a Longevity Agent?

So why does C60 have this incredible effect? The science shows that it's due to its ability to reduce oxidative stress, i.e. the toll of oxidation (aging) on the body. C60 is the best-known antioxidant on Earth, far beyond vitamin C in its antioxidative ability. This means when C60 enters the body it starts disabling free radicals and other so-called "reactive oxygen species" (hereafter called ROS) that bombard the body with extra electrons to cause oxidation. C60 is the most efficient free radical scavenger known to humanity.

So how does C60 disable damaging free radicals? In plain English, here's how: C60 accumulates in the inner membrane layer of mitochondria, which is deep inside the cell. C60 has electrical properties; it absorbs protons, which changes the electrical potential across the entire membrane structure. This in turn greatly decreases the formation of superoxides and other ROS. The end result is a reduction in oxidative stress.

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The lead scientist of the 2012 rat study Moussi talked about how C60 can get deep inside the cell:

"[C60] is a very lipophilic molecule and it goes in some places in the organism that other natural antioxidants don't go. It can access cellular structure[s] or subcellular [structures] that the other antioxidant[s] cannot access."

Some claim that C60 is such a unique molecule that it can actually give or receive multiple electrons either way – meaning that it can neutralize free radicals with electron deficits or electron surpluses. If true, this makes it truly astonishing, because it means it will not become unstable regardless of whether it donates or accepts electrons. Its structure will not be altered, allowing it to continuously play this neutralizing or balancing role.

This article stated:



“Free radicals are molecules that have one or more electrons too few or too many, and they will damage any biological molecule they come in contact with. The Buckminsterfullerene C60 molecule can accept several electrons in case of a free radical with an electron surplus, and donate several electrons in case of a free radical with an electron deficit. C60 thus is an incredibly effective antioxidant, not in the least because it does not get degraded or unstable by accepting or donating electrons ... The unique aspect of C60 is that accepting an electron does not alter the structure of the C60 molecule, effectively infinitely recycling it. C60 can accept or donate many electrons (it works as an electron reservoir).”

C60 Stops Telomere Shortening

Our understanding of what causes aging is deepening all the time, but what we know at this stage is that it depends on our telomeres. Telomeres are found at each end of a chromosome, and their purpose is to protect the end of the chromosome from deterioration. Telomeres hold the chromosome together for a fixed amount of times, and each time



shorter. Once your telomeres become too short, you can no longer reproduce your cells and continue to live. Amazingly, current research on C60 shows that it keeps telomeres from getting shorter. Telomere shortening is due to cell division (10-20%) and oxidative stress (80-90%). By drastically reducing **oxidative stress**, C60 can play a major role in reducing telomere shortening and thus promoting longevity.

Other C60 Health Benefits

Additionally, C60 has other health benefits. As mentioned above, C60 **adsorbs** toxins (not absorbs but rather adsorbs, meaning it binds them to its external structure then safely removes them from the body). It alkalizes the body and thus boosts immune system. C60 prevents inflammation, kills bacteria and viruses, protects nerves, prevents osteoarthritis, helps with obesity and prevents UV damage. There is even evidence that C60 may help against cancer (another animal study showed that C60 successfully slowed tumor growth). Thus, in the years to come, there will probably be numerous biomedical applications of C60 including for aging, neurodegenerative disorders and cancer therapy.

So far, I have summarized what the science says. In addition, there are many testimonials from people who have already been taking C60 for months. The general themes that emerge from various personal experiences are that C60 has improved mental clarity, promoted better athletic performance, helped animal/p



healed skin ailments, improved energy levels and mood, improved old injuries and made people feel younger.

C60: Reducing the Oxidative Stress of EMF and 5G

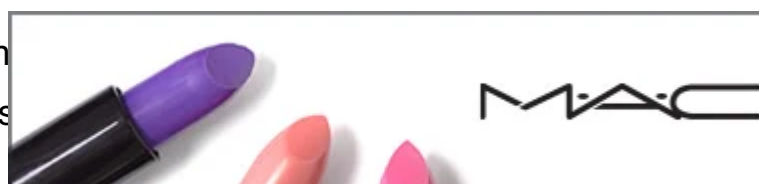
Natural health matters are often connected with conspiracy. C60 is a natural health breakthrough, but at the same time, the NWO technocratic agenda is advancing. The dangerous 5G network is being rolled out all over the US with the rest of the world to follow. It includes the construction and establishment (which officials are outright labeling a “deployment” in true military language) of a massive amount of cell and microwave towers right among residential areas and next to people’s houses. This network will increase the bombardment of EMF (electromagnetic frequency) microwaves. They will be in the gigahertz and terahertz range, way beyond the inherent frequencies of the human body and the Earth.

EMF radiation can be toxic, carcinogenic and can lead to rapid and premature aging. Why? It comes down to the fact that it produces excess free radicals in the body – the molecules which cause oxidative stress. This relates to what I have just been saying above. Since C60 is a master antioxidant, there is very good reason to believe that it can offer some defense against the coming 5G EMF saturation. More research needs to be done, but at this stage, we know that C60 does mitigate the damaging oxidation and aging caused by EMF.

Conclusion

So, to summarize, C60 is a master molecule which offers tremendous health benefits. Due to its unique molecular composition and structure, it is able to effectively neutralize ROS or free radicals which would otherwise destroy healthy cells and cause oxidation and aging. C60 has been shown to be safe with no upper dosage limit. It successfully extended the life of rats by 90% (which is almost double). It is a special form of carbon (charcoal), a substance already known to have positive health benefits. Reports are flowing in that it has helped people with a variety of ailments.

Like it or not, the truth is that we live in a world saturated with pharmaceutical residues in the water s



EMF, vaccines, aluminum, chemtrails and countless other toxins are, sadly, a daily part of many people's lives. We were not designed to live under such a toxic assault, and nor can we thrive if don't take steps to protect ourselves. You have to use safe, natural and effective remedies to keep yourself clean and sane. It's early days with what we know about C60, but it could be a vital and essential part of your health protocol.

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Makia Freeman is the editor of alternative media / independent news site The Freedom Articles and senior researcher at ToolsForFreedom.com, writing on many aspects of truth and freedom, from exposing aspects of the worldwide conspiracy to suggesting solutions for how humanity can create a new system of peace and abundance. Makia is on Minds, Steemit and FB.

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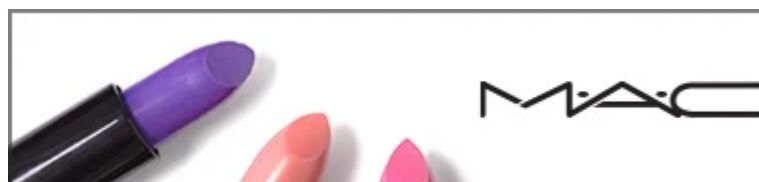
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